



## CONCUSSION PROTOCOL

If athlete has a suspected head injury, **the coach will:**

Remove Student from play immediately

### **Call 911 if needed**

- 1) **Contact athletic trainer (ATC) immediately** and **monitor** the athlete's signs and symptoms.
  1. \*If ATC is available, the ATC will perform a concussion evaluation. If ATC is not available, the coach will continue to monitor symptoms and use their best judgment for immediate referral needs.
- 2) **Notify athlete's parents** to report the suspected concussion ASAP. (The ATC will also call parents).
- 3) The ATC will **review** the red flags and return to play protocol requirements **with parents**, and recommend they schedule an appointment with their physician or make an appointment with the Children's Hospital concussion program or appropriate medical facility.
- 4) Once an evaluation has taken place, the coach is to **inform the building AD** of the incident ASAP.
- 5) The ATC will **email the school nurse** within 24 hours of the concussion evaluation.
- 6) The ATC and the AD will **communicate academic relief to the teachers** of the student.
- 7) The athlete will be cleared to return to sports and full academic activity **only when cleared by physician**, nurse practitioner or physician assistant. A **note** must be obtained **indicating medical clearance**. The ATC will notify the school nurse when athlete has gained **medical clearance**. The **ATC, along with the physician assigned to the school**, will provide final clearance of the athlete to return to activity/sport assuring the **return to play protocol** has been followed.