

LEGACY HIGH SCHOOL



HIGH ACHIEVEMENT
HIGH GROWTH
HIGH SCHOOL

Colorado Department of Education Recognizes
LEGACY HIGH SCHOOL
as a
**HIGH ACHIEVEMENT
HIGH GROWTH
HIGH SCHOOL**

March/April 2016

Legacy High School Mission

Legacy High School will provide opportunities, expectations, and support for each student to achieve academic excellence.

The partnership of staff, students, families, and the community will encourage individual integrity, personal growth, and enthusiasm for the future.





Legacy High School Lightning Bands

Broomfield, Colorado

J. Clayton Stansberry
Director of Bands
(720) 972-6817

clay.stansberry@adams12.org



Upcoming Activities

Please check the Band Website for practices and events!

www.legacybands.org

March 2nd – CBA Northern Regional - Wind Ensemble and Symphonic Band – Fossil Ridge High School, Fort Collins

March 19th – Legacy Bands Solo and Ensemble at Legacy High School

March 29th – Jazz Band Performance – Nissi's in Lafayette – Enjoy Jazz and Dinner!

March 31st – Percussion Ensemble Concert, Legacy Auditorium, 6:30 PM

April 2nd – Winter Guard State Championships – University of Denver Ritchie Center

April 11th or 12th – CBA State Concert Band Festival, CSU Fort Collins

April 25th – Full Parent Meeting, Vote on new Board and Budget, Legacy Band Room, 6:30 p.m.

April 27th – WEDNESDAY - All Bands Concert, Legacy Auditorium, 6:30 p.m.

FROM THE COUNSELING OFFICE

There are five full-time counselors at Legacy High School. The counselors are broke down by alpha. Please contact the appropriate counselor regarding your concerns.

Mrs. Carrie Kujawa	720-972-6729	A – C (and 504 Plans)
Mrs. Lisa Dietel	720-972-6708	D – H (and SpEd: O'Neill)
Mrs. Amanda Beuke	720-972-6720	I – M (and SpEd: Hammerly, Jaynes & Sales)
Ms. Janna Pavelis	720-972-6709	N – Si (and SpEd: Bucher & Harguth)
Mr. Tony Romano	720-972-6711	Sj – Z (and SpEd: Manchester & Rempert)

Let's talk about . . . exploring your future. When counselors meet with students they often ask, “What are your plans for after high school?” Some students have a plan mapped out and know exactly what they want. Realistically, this is just a small portion of students; most are unsure of their future and have few ideas about where to start. Whether you are a freshman or a senior, or somewhere in between – there are lots of ways to begin the search to make your future dreams a reality. The following are a few suggestions to get some ideas flowing. You are always welcome and encouraged to meet with a counselor to discover more ways to enhance your exploration.

One very important thing is to get to know who you are as an individual, a member in your family, school, and community. What are your strengths? What activities are the most satisfying – educationally, recreationally, and service oriented? How do these relate to future opportunities? Here are some suggestions to help you answer these questions:

- Make a list of “joyful moments.” Moments you remember from when you were about five years old, ten years, fifteen years, and so on.
- Look for patterns in these moments: What patterns do you see within your environment? Are you with people or are you alone, what activities keep reoccurring, what skills are you using, etc? (Example: fifth grade, racing on the track during recess – outside, friendly competition, being in motion, physical strength.)

- When do you feel completely at ease? While you are at ease look for patterns again. Ask the same kind of questions as above. (Example: listening to country music – physical connection to the rhythm, storytelling, and positive energy.)
- What do you do when you have free time? (Example: learning about hand writing analysis.)
- What do you value? What hours of the day do you prefer to relax, work, and learn? What rewards do you want: money, time, verbal praise?
- Who has a job that sounds exciting to you? Is there someone in your family, on TV, a place you visit often, or a character from your favorite book whose job is interesting to you?
- Examine your personality: The **Do What You Are*** in the Naviance program, uses information based on the Myers-Briggs Type Indicator to help match careers.
- Make a file of all this information: Continue to add to it as you have positive experiences in life. Look for themes.
- When it's time to make some decisions about what path to choose for your future – review this information and see what type of jobs utilize these interests, values, and personal strengths.

POST-SECONDARY PLANNING

The Legacy College Room is located in the Counseling Office. Students can access information on colleges, scholarships, careers, and military information. College and career representatives visit Legacy High School in the College Room throughout the year. Dates and times vary, and will be announced in the daily bulletin and emailed to students via their Naviance account. The College Room is open daily.

CHECKLIST FOR SENIORS: March/April

- Complete and submit college applications for colleges with open admission
- Follow up on applications as needed
- Complete and submit student financial aid forms - ASAP
- Check scholarships on the counseling web page
- Meet with college financial aid office(s)
- Check deadlines for final decisions on colleges and notify them as needed

Applying for college can be a long process. Students should begin immediately to avoid the rush and to help eliminate errors.

NAVIANCE

Students at Legacy High School all have an account with the Internet based program Naviance.

Students will be reached by a counselor through one of their classes during each semester to accomplish various goals related to the state mandated ICAP (Individual Career and Academic Plan). Students will create Naviance account logins and passwords with the help of the Counseling Department. Through Naviance, students will be given tasks to accomplish which focus on preparing for life after high school. Students who have questions about their Naviance accounts should consult the Counseling Webpage where an informational sheet will be located. If they still have questions, students should see their counselor.

COLLEGE/CAREER EXPLORATIONS

Students will be asked to complete certain tasks using their Naviance accounts. Included in these tasks are the completion of a personality profile entitled *Do What You Are* and completion of a Career Interest Profiler. Once students complete these two tasks they will be able to see computer generated recommendations for careers and related educational avenues such as college degree programs which prepare students for their chosen career paths. Naviance also houses many other related tools such as college and scholarship search engines. All of these tasks are Internet based and can be accessed 24/7 from any Internet connection once students have created their accounts.

COLLEGE APPLICATIONS / TRANSCRIPT REQUESTS

Once students have completed college searches and/or found schools that interest them, they can add those schools to parts of their Naviance account listed under the “Colleges” tab. If they want to simply save a school for future consideration, they can place it in the “Colleges I’m Thinking About” section. Once a student has decided to apply to that school, they can move it to the “Colleges I’m Applying To” area. From this area, students can request that their transcripts be sent to the college by clicking the “request transcript” box. Counselors will then see the request and send it to the appropriate institution. ***It should be noted, however, that using Naviance does not take the place of completing a college application. It simply allows students to submit supporting documentation such as transcripts and letters of recommendation to schools.

***Per school policy, Legacy will include each student’s official state ACT score taken during their junior year on their transcript. If students want additional standardized test scores (i.e. SAT, AP, or other ACT tests) to be sent to colleges, they must send said scores themselves. Instructions for how to do this are available on the Counseling webpage.

COMMON APPLICATION SCHOOLS

It is important that students accurately mark the Common App box for each school that has Common App as an option. Students should change the drop down box from “Unknown” to “No” unless they are certain they will be applying to the college using the independent Common App website. Requests that have the “Unknown” or “Yes” boxes marked may not allow transcripts to be sent by Legacy and may cause students to miss important application deadlines.

LETTERS OF RECOMMENDATION

Legacy students will also use Naviance to request and submit teacher letters of recommendation to colleges. Once in the “Colleges” tab, students will go to “Colleges I’m Applying To” where they will be able to “add/cancel requests” under the “Teacher Recommendations” heading. This will allow teachers to upload a letter of recommendation to the student’s account.

***Students must provide specific details regarding deadlines for the letters to be sent and to which colleges the teacher should send their letters.

***Sending the letter of recommendation request through Naviance should not replace a face to face conversation with the teacher, but serve as an additional means of communication and should include the detailed information above (to which college(s) the teacher should send their letter and the deadline for the letter to be sent). Students are highly encouraged to prepare a resume and present it to the requesting teacher as early as possible so that the teacher may have the time and resources to write and upload the letter of recommendation. Students can use the “letter of recommendation worksheet” for this purpose.

***If students already have a paper copy of a teacher letter of recommendation, they have two options for how to proceed. They may ask the teacher to upload the document to Naviance like any other situation and continue like normal or they can bring the letter to a counselor who can scan it and upload it into Naviance for them.

SENIOR MEMO

Seniors will receive a Senior Memo 2-3 times a year. This memo contains information about college visits, timelines, careers, and scholarships. Parents should read these memos with their student. All Senior Memos are posted on the Counseling Webpage and available in the Counseling Office.

SCHOLARSHIPS

There are three main areas where students may access information about scholarships. One source is the college to which the student has been accepted. This information is available in most college view books, through the college’s financial aid office, and on the college website. A second source for scholarships is the Internet. A list of websites is available in the Counseling Office and on the Counseling website. Another source for scholarship information is the Counseling Office. We will post all scholarships on our website as well as posting them on the college bulletin board. Students are encouraged to check the listing at least once a month. If a student thinks he/she may qualify for one or more of the posted scholarships, he/she should come to the Counseling Office for more information and for the specific application(s). Please pay attention to the application deadlines.

CAUTION: Beware of scholarship scams. If you want to know more, www.finaid.org has a list of common scholarship scams and additional information that is very useful.

NCAA Eligibility Center

Students who plan on participating in NCAA Division I or II college athletics must register with the NCAA Eligibility Center. To register, students will visit the website www.eligibilitycenter.org, where they will develop a login and password during their junior or senior year of high school. Once students have registered with the Eligibility Center, they must request a transcript to be sent from Legacy High School to the NCAA Eligibility Center. This is done electronically via the www.eligibilitycenter.org website. Once students request the transcript via the eligibility center website, they must also go to their Naviance account and create a transcript request to the NCAA. (More information about this process can be found on the Counseling Website.) Students must also have their ACT scores sent to the NCAA directly from ACT; scores are not accepted by the NCAA if they are sent from LHS. To do this, students should visit www.actstudent.org and have their scores sent to the NCAA (school code #9999). It is the student's responsibility to ensure the classes they are taking will meet the outlined NCAA Eligibility Center needs. Mr. Romano is available to assist students in the process, but cannot guarantee that a student will be cleared by the NCAA. Through the website, students can see a complete list of all approved courses by looking up each school they have attended and reading its 48H Form. *Please note the requirements will change for students entering college in the Fall of 2016.*

GRADUATION REQUIREMENTS: Class of 2014-2017

Credits:

- 4 English
- 3 Social Studies (one in U.S. History & .5 in US Govt./Civics)
- 3 Math
- 3 Science
- 2 Physical Education
- 2 Fine Arts
- 6 Electives
- = 23 credits

- Any courses in required areas taken above the minimum requirements will be counted as elective credits.

Colorado's 4-year Public College Admissions Standards (what colleges expect you to have completed)

Class of 2014-2017

- 4 years English
- 3 years Social Studies (one in U.S. History & .5 in US Govt./Civics)
- 4 years Math (Integrated Math I and higher)
- 3 years Natural Science
- 2 years academic electives
- 1 year World Language

***Some colleges may have more requirements for entrance.**

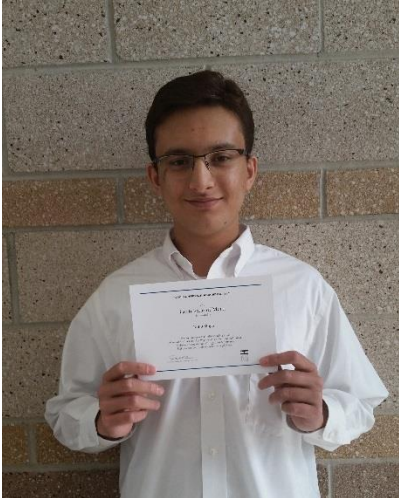
PEER TUTORS

Legacy has peer tutors available to work with students who may be struggling with their course work. Peer tutors are available Mondays and Fridays in the counseling office. There is no need to sign up; assistance is

College admission requirements vary. It is suggested that students check the testing admission requirements for higher education programs that they are considering.

Counseling Tip: *Effective studying may not seem like the most exciting topic – but think of the big picture. The better your study skills, the better you'll do in school. Better grades open up opportunities. That might mean getting into a better college, technical program, or military program, or getting a better job. In other words, a bright future starts with working on a few study strategies now.*

NATIONAL MERIT SCHOLARSHIP PROGRAM



Over 1.5 million students took the 2014 Preliminary SAT National Merit Scholarship Qualifying Test. Legacy High School had one senior, **Rohit Singh**, who advanced to the semi-finalist round. Rohit has now advanced to the **finalist round**. Congratulations Rohit, and best of luck to you receiving a scholarship!!!!

STATE MANDATED TESTING

The dates for administering state mandated testing have been finalized. Please make a note of these on your calendar. Attendance, while important everyday, is especially important on these state mandated testing dates. Thanks! Detailed schedules

The dates for administering state mandated testing have been finalized. Please make a note of these on your calendar. Attendance, while important every day, is especially important on these state mandates testing dates. Thanks! Detailed schedules will be distributed in early April.

Tuesday, April 19th

- Freshmen will take PARCC ELA 1, 2, 3 at the same time Juniors are taking the ACT
- Sophomores and seniors do not have school

Wednesday, April 20th

- Freshmen will take PARCC Math 1, 2, 3 at the same time sophomores are taking the PSAT
- Juniors and seniors do not have school

Wednesday, April 27th

- Juniors will take PARCC Science

Freshmen, sophomores, and seniors will have a regular school day

Free Comprehensive Athletic Physicals

Children's Hospital Colorado and Adams 12 Five Star Schools have teamed up to offer the most comprehensive physicals around. Our goal is to provide every student in Adams 12 Five Star Schools the opportunity to receive a general medical exam, an efficient orthopedic assessment and a thorough cardiovascular evaluation.

Who:

All Adams 12 Middle and High School District Students

Where:

Mountain Range High School
12500 Huron Street
Westminster, CO 80234

Date:

Saturday, May 21, 2016

Time:

7:30 am – 4 pm

Registration begins April 18, 2016

Registration Contact:

Tim Cuddeback, MS, ATC/R, CSCS

timothy.cuddeback@childrenscolorado.org

Athletic Training Room: (720) 972-6801

LHS Coaches

2015-2016

		<u>Work #</u>	<u>Email</u>
<u>Fall Coaches</u>			
Cross Country	DJ Hummel	720-972-6835	daniel.j.hummel@adams12.org
Football	Wayne Voorhees	720-972-6805	wayne.voorhees@adams12.org
Boys Golf	Bobby Ortega	720-972-5403	bobby.ortega@adams12.org
Gymnastics	Diane Clark		dclark@ci.broomfield.co.us
Boys Soccer	Tony Romano	720-972-6711	anthony.d.romano@adams12.org
Softball	Dawn Gaffin	720-972-6760	dawn.gaffin@adams12.org
Volleyball	Kaylene Granada		legacyvb@gmail.com
Boys Tennis	Al Godman	720-972-6840	alan.godman@adams12.org
<u>Winter Coaches</u>			
Boys Basketball	Gunnar Johnson	720-972-8393	gunnar.johnson@adams12.org
Girls Basketball	Craig VanPatten	720-972-3585	craig.vanpatten@adams12.org
Girls Swimming	Diana Wiles		wld17@q.com
Girls Diving	Susan Welsh		samcwelsh@yahoo.com
Wrestling	Mike Thompson	720-972-6761	michael.thompson@adams12.org
<u>Spring Coaches</u>			
Baseball	Ty Giordano		coachtgiordano5@gmail.com
Girls Golf	Mark Glen	720-972-3770	mark.glen@adams12.org
Girls Soccer	Luke Meadows		legacyhsgirlssoccer@gmail.com
Boys Swimming	Tony Helfrich		cioagano456@gmail.com
Boys Diving	TBA		
Girls Tennis	Glenn Gielas	720-972-6859	glenn.gielas@adams12.org
Track	Wayne Voorhees	720-972-6805	wayne.voorhees@adams12.org

Important Dates 2015-2016
(Updated February 2016)

AUGUST

- 4-7 Athletic Check at the Business Window
- 4 Student Check-in 9th Only (8 a.m. – 3 p.m.)
Athletic Check-in (same as above-Business Window)
- 5 A-LA Check-in Grades 10, 11, 12 (8 a.m. - 3 p.m.)
Athletic Check-in (same as above-Business Window)
- 6 LB-Z Check-in Grades 10, 11, 12 (8 a.m. - 3 p.m.)
Athletic Check-in (same as above-Business Window)
- 19 9th Grade Orientation (7:15 a.m. – 12:30 p.m.)
- 19 10, 11, 12 – New Student Orientation (10:30 a.m.- 12:30 p.m.)
- 20 Classes Begin for All Students
- 20 Fall Sports Parent Night (6:30 p.m.)
- 24 9th Grade Parent English/SS Night (6 p.m.)
- 27 Parent Night-All grades (6 - 8:30 p.m.)

SEPTEMBER

- 7 Labor Day – No School
- 9 Academic Lettering Ceremony (6:30 p.m.)
- 16 Parent Teacher Conferences (4 - 7 p.m.)
- 23 Senior College Planning Night (6:00 - 8:00 p.m.)
- 24 Picture Retakes (7 a.m. – 12 p.m.)

OCTOBER

- 5-10 PRIDE Week
- 9 Homecoming Pep Assembly (Activity Schedule)
- 14 PSAT (8 – 11 a.m.)
- 16 End of 1st Quarter

NOVEMBER

- 11 Veterans' Day (No School)
- 18 College Planning Night Freshmen/Sophomore (6:30- 7:30 p.m.)
- 23-27 Thanksgiving Break (No School)

DECEMBER

- 2 Practice ACT-(Juniors)
- 9 College Financial Aid Night (6:00 p.m.)
- 16 Finals - 12:30 p.m. Dismissal (periods 1-4)
- 17 Finals - 12:30 p.m. Dismissal (periods 5-8)
- 17 End of 1st Semester
- 18 Teacher Work Day (No School for Students)
- 21 Winter break begins

JANUARY

- 4 Teacher In-service Day – No Students
- 5 Students Return – 2nd Semester begins
- 15 Winter Pep Assembly (Activity Schedule)
- 18 Martin Luther King Day–No School
- 20 College Planning Night for Juniors (6:30 p.m.)

FEBRUARY

- 4 Parent/Teacher Conferences (4:30 - 7 p.m.)
- 12 Teacher In-service Day – No Students
- 15 Presidents' Day – No School
- 29 8th Grade Information Night (6:30 p.m.)

MARCH

- 11 End of 3rd Quarter
- 28 Student Gov't. Elections (Activity Schedule)

APRIL

- 1 Spring Pep Assembly (Activity Schedule)
- 4-8 Spring Break
- 13 National and Spanish Honor Society Induction (6:30 p.m.)
- 19 ACT Test –11th Grade
- 19 PARCC Test—9th Grade
- 19 No Classes for 10th, 12th grades
- 19 Senior Capstone (5:00 – 8:30 p.m.)
- 20 PARCC Test—9th Grade
- 20 PSAT Test—10th Grade
- 20 No Classes for 11th, 12th grades
- 23 Prom
- 27 PARCC Test—11th grade
- 27 Regular school day for 9th, 10th, 12th grades
- 27 Student Leadership Awards Ceremony (12:45 p.m.)

MAY

- 4 Academic Awards Ceremony (6:30 p.m.)
- 2-13 AP Exams
- 9-10 Senior Finals
- 11 Senior's Last Day - Make-up Finals/Senior Picnic
- 12 Senior Dessert
- 16 Graduation Practice (1:30-3 p.m.)
- 18 Graduation @ CU Events Center (7 p.m.)
- 25 Finals - 12:30 p.m. Dismissal (periods 5-8)
- 26 Finals - 12:30 p.m. Dismissal (periods 1-4)
- 26 Last Day of School
- 27 Teacher Work Day (No School for Students)

Legacy High School Bell Schedules 2015-2016

Regular Schedule (Monday and, Friday)

Block 1/2	Period 1	7:15 AM	8:09 AM
	Period 2	8:14 AM	9:08 AM
Block 3/4	Period 3	9:13 AM	10:07 AM
	Period 4	10:12 AM	11:06 AM
Block 5/6	Period 5	11:11 AM	12:05 PM
	Period 6	12:10 PM	1:04 PM
Block 7/8	Period 7	1:09 PM	2:02 PM
	Period 8	2:07 PM	3:00 PM

Wednesday Schedule

Block 1/2	Period 1	7:10 AM	7:45 AM
	Period 2	7:50 AM	8:25 AM
Block 3/4	Period 3	8:30 AM	9:10 AM
	Period 4	9:15 AM	9:50 AM
Block 5/6	Period 5	9:55 AM	10:30 AM
	Period 6	10:35 AM	11:10 AM
Block 7/8	Period 7	11:15 AM	11:50 AM
	Period 8	11:55 AM	12:30 PM

Academic Support Schedule (Tuesday and Thursday)

Block 1/2	Period 1	7:15 AM	8:04 AM
	Period 2	8:09 AM	8:58 AM
Block 3/4	Period 3	9:03 AM	9:54 AM
	Period 4	9:59 AM	10:48 AM
Block 5/6	Period 5	10:53 AM	11:42 AM
	Period 6	11:47 AM	12:36 PM
Block 7/8	Period 7	12:41 PM	1:30 PM
	Period 8	1:35 PM	2:24 PM
Academic Support		2:29 PM	3:00 PM

Activity/Assembly Schedule

Block 1/2	Period 1	7:15 AM	8:04 AM
	Period 2	8:09 AM	8:58 AM
ACTIVITY		8:58 AM	9:41 AM
Block 3/4	Period 3	9:41 AM	10:30 AM
	Period 4	10:35 AM	11:24 AM
Block 5/6	Period 5	11:29 AM	12:18 AM
	Period 6	12:23 PM	1:12 PM
Block 7/8	Period 7	1:17 PM	2:06 PM
	Period 8	2:11 PM	3:00 PM

Finals Schedule

Semester One, Day One Finals Periods 1,2,3 and 4

Semester Two, Day One Finals Periods 5,6,7 and 8

Block 1/2	Period 1	7:15 AM	8:30 AM
	Period 2	8:35 AM	9:50 AM
Block 3/4	Period 3	9:55 AM	11:10 AM
	Period 4	11:15 AM	12:30 PM

Semester One, Day Two Finals Periods 1,2,3 and 4

Semester Two, Day One Finals Periods 5,6,7 and 8

Block 5/6	Period 5	7:15 AM	8:30 AM
	Period 6	8:35 AM	9:50 AM
Block 7/8	Period 7	9:55 AM	11:10 AM
	Period 8	11:15 AM	12:30 PM

