Should You Take the SAT Essay? Five Scenarios to Help You Decide

Now you know what the SAT essay is and the pros and cons of taking it. So, what should you decide? Five scenarios are listed below; find the one that applies to your situation and follow the advice in order to make the best decision for you.

Scenario 1: You're planning on applying to at least one school that requires the essay

As mentioned above, if even one school you're thinking about applying to requires the SAT essay, you should take it in order to avoid retaking the entire SAT again at a later date because you need an essay score.

Scenario 2: None of the schools you're applying to look at essay scores

If none of the schools you're thinking about applying to even look at SAT essay scores, then you shouldn't take it. Even if you get a perfect score, if the schools don't consider essay scores, then taking it will have no benefits for you.

Scenario 3: The schools you're applying to don't require the SAT essay and aren't highly competitive

In this case, you don't need to take the SAT essay, unless you're trying to make up for weak writing skills in other parts of your application.

Scenario 4: The schools you're applying to recommend the SAT essay and are more competitive

For this scenario, you should take the SAT essay in order to give your application an extra boost, unless you really think you'd perform poorly or preparing for and taking the essay would cause your scores in other sections to decline.

Scenario 5: You aren't sure where you're going to apply yet

If you're not sure which schools you want to apply to, then you should take the SAT essay, just to be safe. This way you're covered no matter where you end up applying to college.